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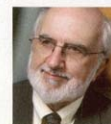
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Ari Brown, M.D.
This pediatrician's recently updated book, *Baby 411*, combines essential health tips with real-mom attitude. "Medical information can change at lightning speed, and it's our mission to help parents make informed decisions for their child," says Dr. Brown, who lives in Austin, Texas.



Neal Halsey, M.D.
Parents may assume that the flu is no big deal, but the illness sends many young kids to the hospital every year, says Dr. Halsey, director of the division of disease control at Johns Hopkins School of Public Health. Experts hope that a record number of kids get vaccinated this year. "Fortunately, children ages 2 and up can now get either the nasal-spray vaccine or the injection," he says. Dr. Halsey contributed to "Flu Fighter," on page 44.