

A Better Beauty

At his Upper East Side practice,
Dr. Elie Levine offers a personalized approach to plastic surgery

Simply put, Dr. Elie Levine, Director of Plastic Surgery at Plastic Surgery and Dermatology of NYC, PLLC, is one of the most acclaimed cosmetic plastic surgeons in New York City. A graduate of Columbia College, Dr. Levine went on to attend Yale University School of Medicine where he graduated cum laude, finishing in the top 5 percent of his class. He completed his training in Plastic and Reconstructive Surgery at The Mount Sinai Medical Center and then served as an aesthetic fellow at The New York Eye and Ear Infirmary. Today, Dr. Levine is associated with both institutions, but he works primarily out of his Upper East Side office's AAASF-certified operating room.

There, Dr. Levine runs a cutting-edge aesthetic surgical practice. He customizes treatments to fit each patient's anatomy, skin type and age in order to avoid the stereotypical "plastic" look. "Everyone's face is shaped differently, and each patient requires a specific combination of treatments to ensure natural-looking results," says Dr. Levine. Before surgery, Dr. Levine uses morphing software to give patients a sense of what can be accomplished through various procedures. "Patients who come to me for a rhinoplasty may not realize how the procedure will affect their entire facial structure," he explains. "Our morphing software allows me to give my patients a more realistic idea of the surgery's outcome so I can work with them to make sure they are completely satisfied with the results."

Dr. Levine's practice extends beyond plastic surgery to encompass a big-picture approach to beauty. "We launched our practice with the vision of bringing comprehensive aesthetic care to New Yorkers of all ages," says Dr. Levine. To that end, his wife, dermatologist Dr. Jody Levine, contributes her expertise in medical and surgical dermatology for both children and adults. "While I often work with the quantitative aspects of one's face, my wife focuses on improving the quality of the skin," explains Dr. Levine. "Plastic surgery alone may not be enough to achieve a youthful look if the skin appears aged. Jody can remedy that problem through her own customized combination of products, skin treatments, lasers and injectables," he adds. Patients also benefit from an in-house esthetician.

Dr. Levine specializes in facial aesthetic surgery, and is one of the foremost plastic surgeons for face lifts, rhinoplasty and eyelid and brow rejuvenation. He is also an expert in body contouring procedures, including liposuction, breast augmentation, abdominoplasties and post-bariatric procedures. He prides himself on offering his clients all-around care, such as before and after surgery to reduce redness, decrease swelling, improve healing and results. In a city where cookie-cutter plastic surgeries are all too common, Dr. Levine offers patients not just a youthful look, but a naturally beautiful, youthful look.



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